

| Monday 9/10 | Tuesday 9/11 | Wednesday 9/12 | Thursday 9/13 | Friday 9/14 |
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| <p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.E—Analyze the interrelationship between environmental factors and community health.</p> <p>Objectives Students will demonstrate mastery of essential content related to basic health concepts on a written review.</p> <p>Assignment In class—Review worksheet Take home & return—Work not completed in class</p> <p>Upcoming event Test Wednesday</p> | <p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.E—Analyze the interrelationship between environmental factors and community health.</p> <p>Objectives Students will demonstrate mastery of essential content related to basic health concepts in a whole class review activity.</p> <p>Assignment In class—Review game Take home & return—None</p> <p>Upcoming event Test tomorrow</p> | <p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.E—Analyze the interrelationship between environmental factors and community health.</p> <p>Objectives Students will demonstrate mastery of essential content related to basic health concepts on a written exam.</p> <p>Assignment In class—Written exam Take home & return—None</p> <p>Upcoming event None</p> | <p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define self-esteem, integrity, and self-concept; describe concerns with low self-esteem; explain how self-respect impacts self-esteem.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p> | <p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define communication; describe communication styles; explain and use I-messages.</p> <p>Assignment In class—Notes & discussion; I-messages worksheet Take home & return—Work not completed in class</p> <p>Upcoming event None</p> |
| <p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized physical activity plan that</p> | | <p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized physical activity plan that supports</p> | | <p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized physical activity plan that</p> |

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| <p>supports achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the lesection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activites that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in a varitey of lifetime physical activities. <u>Upcoming event</u> None</p> | | <p>achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the lesection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activites that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in a varitey of lifetime physical activities. <u>Upcoming event</u> None</p> | | <p>supports achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the lesection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activites that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in a varitey of lifetime physical activities. <u>Upcoming event</u> None</p> |
| <p>PE-8 Standards 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually</p> | <p>PE-8 Standards 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually</p> | <p>PE-8 Standards 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually</p> | <p>PE-8 Standards 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually</p> | <p>PE-8 Standards 10.4.9.A—Analyze and engage in physical activities that are developmentally/individually</p> |

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| <p>appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in Ultimate Frisbee activities.</p> <p><u>Upcoming event</u> None</p> | <p>appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in Ultimate Frisbee activities.</p> <p><u>Upcoming event</u> None</p> | <p>appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in Ultimate Frisbee activities.</p> <p><u>Upcoming event</u> None</p> | <p>appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in Ultimate Frisbee activities.</p> <p><u>Upcoming event</u> None</p> | <p>appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><u>Objectives/Assignment</u> Students will engage in Ultimate Frisbee activities.</p> <p><u>Upcoming event</u> None</p> |
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